

### Bem Androgyny Test

This test is a way of judging how masculine or feminine you are. Answer questions as the term best fits you according to the following scale: (put the *scale number* next to the *question number* below)

1 = Never or almost never true
2 = Usually not true
3 = Sometimes but infrequently true
4 = Occasionally true
5 = Often true
6 = Usually true
7 = Always or almost always true

**Questions:**

- |                                   |                                      |                             |
|-----------------------------------|--------------------------------------|-----------------------------|
| 1. Acts as a Leader               | 21. Feminine                         | 41. Makes decisions easily  |
| 2. Adaptable                      | 22. Inefficient                      | 42. Shy                     |
| 3. Affectionate                   | 23. Defends own beliefs              | 43. Masculine               |
| 4. Conceited                      | 24. Flatterable                      | 44. Solemn                  |
| 5. Aggressive                     | 25. Dominant                         | 45. Soft-spoken             |
| 6. Cheerful                       | 26. Jealous                          | 46. Tactful                 |
| 7. Ambitious                      | 27. Gentle                           | 47. Self-reliant            |
| 8. Conscientious                  | 28. Likable                          | 48. Sympathetic             |
| 9. Childlike                      | 29. Forceful                         | 49. Self-sufficient         |
| 10. Conventional                  | 30. Gullible                         | 50. Theatrical              |
| 11. Analytical                    | 31. Has leadership abilities         | 51. Tender                  |
| 12. Compassionate                 | 32. Moody                            | 52. Truthful                |
| 13. Assertive                     | 33. Loves children                   | 53. Strong personality      |
| 14. Friendly                      | 34. Reliable                         | 54. Understanding           |
| 15. Does not use harsh language   | 35. Independent                      | 55. Willing to take a stand |
| 16. Happy                         | 36. Loyal                            | 56. Unpredictable           |
| 17. Athletic                      | 37. Individualistic                  | 57. Warm                    |
| 18. Eager to soothe hurt feelings | 38. Secretive                        | 58. Unsystematic            |
| 19. Competitive                   | 39. Sensitive to the needs of others | 59. Willing to take risks   |
| 20. Helpful                       | 40. Sincere                          | 60. Yielding                |

**Answers:**

- |           |           |           |           |           |           |
|-----------|-----------|-----------|-----------|-----------|-----------|
| 1. _____  | 2. _____  | 3. _____  | 4. _____  | 5. _____  | 6. _____  |
| 7. _____  | 8. _____  | 9. _____  | 10. _____ | 11. _____ | 12. _____ |
| 13. _____ | 14. _____ | 15. _____ | 16. _____ | 17. _____ | 18. _____ |
| 19. _____ | 20. _____ | 21. _____ | 22. _____ | 23. _____ | 24. _____ |
| 25. _____ | 26. _____ | 27. _____ | 28. _____ | 29. _____ | 30. _____ |
| 31. _____ | 32. _____ | 33. _____ | 34. _____ | 35. _____ | 36. _____ |
| 37. _____ | 38. _____ | 39. _____ | 40. _____ | 41. _____ | 42. _____ |
| 43. _____ | 44. _____ | 45. _____ | 46. _____ | 47. _____ | 48. _____ |
| 49. _____ | 50. _____ | 51. _____ | 52. _____ | 53. _____ | 54. _____ |
| 55. _____ | 56. _____ | 57. _____ | 58. _____ | 59. _____ | 60. _____ |

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- |          |          |          |          |          |          |
|----------|----------|----------|----------|----------|----------|
| 1. _____ | 2. _____ | 3. _____ | 4. _____ | 5. _____ | 6. _____ |
|----------|----------|----------|----------|----------|----------|
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### Bem Androgyny Test Scoring

**1. ADD UP EACH COLUMN**

- a. Add up the scores next to the 1, 7, 13, and down to 55. This is the first column.
- b. Repeat this for the other 5 columns.

**2. ADD THE MASCULINE TRAITS**

- a. Add the total of column 1 to the total of column 5. (Ignore columns 2, 3, & 4.)
- b. This is your Masculine Score

**3. ADD THE FEMININE TRAITS**

- a. Add the total of column 3 to the total of column 6. (Ignore columns 1, 2, & 5.)
- b. This is your Feminine Score.

**4. ADD THE BEM SCORE**

- a. Subtract your Feminine Score from your Masculine Score.
- b. "Masculine traits - Feminine traits = Bem score"

**Masculine traits:** \_\_\_\_\_ minus **Feminine traits:** \_\_\_\_\_ equals **Bem score:** \_\_\_\_\_

**5. INTERPRET YOUR BEM SCORE**

- a. Compare your Bem score to the androgyny scale below to see which category corresponds to your score.

Androgyny scale:

<=-20	-19 to -10	-9 to 0 to +9	+10 to +19	>=+20
Feminine	"Nearly Feminine"	Androgynous	"Nearly Masculine"	Masculine

**For Your Information:**

Columns 1 and 5 are the "Masculine" traits.  
 Columns 3 and 6 are the "Feminine" traits.  
 Columns 2 and 4 are the "Neutral" traits.

<http://www.velocity.net/~galen/androgyn.html>